

## **Minutes**

### **COA Advisory Board Meeting minutes of November 20, 2023**

J. Cooperman, R. Edelston, N. Grossman, E. Feldman, J. Shapiro, R. Gorden, R. Lopez, P. Remy, R. Maidman, B. Caruso,

Meeting called to order 2:30 PM

Minutes from October 23, 2023 - Unanimously approved.

### **Director's Report (Beth Caruso)**

Door counter: Tracking attendance at Adult Center' Will keep monitoring patrons visiting Adult Center

Beth is getting good feedback on "The View".

The knitting/crochet group meets on Mondays. They have been creating various blanket and clothing items that are being donated to different organizations with the support of Friends Council of Aging (FSCOA). There are approximately 10 patrons that are creating these items.

Approximately 10-30 people attend the lectures. Numbers vary depending on topic.

Fitness classes – varied attendance of 11-19 participants depending on class.

South Asian Social had 50 people in attendance.

Civics Academy for residents (Town Initiative to educate citizens on different departments)) – Beth made presentation regarding COA earlier this month and was received well.

Memory Café was held earlier this month - 15 people attended

Vocational program at high school - 2 students will volunteer at Center to help. High School will provide transportation to Adult Center.

**Paul Remy, Commission on Disabilities** – Paul shared some issues that the Commission is working on.

**Guest: Krishan Gupta, Finance Director, Town of Sharon.**

Krishan has been employed in Sharon for the past 7 years and shared his background on municipal finance both in Massachusetts and New York. A general overview of how the financial landscape is looking in Sharon.

A big topic for Seniors in Sharon is affordability of property taxes. Krishan distributed a handout titled “Town of Sharon: Property Tax Exemption Options”. This document can be found on Town website. If residents have any questions, please feel free to contact Krishan at Town hall.

**Sharon High School Participation -**

High school Principal is starting to hold conversations with High School Dept. Heads to initiate ideas to participate with adult center,

**MGH Research Project (R. Lopez)** – Ruth is scheduled to give presentation on “healthy brain” and at the Adult Center on December 21<sup>st</sup> @ 1PM, This is not a recruitment for program but just to get to know the senior community for the project

## **COMMITTEE REPORTS**

- HESSCO (E. Feldman): Labor supply is limited for home visits
- FSCOA (M. Kempner): Beth attended last meeting.
- AARP events: (<https://states.aarp.org/massachusetts/events-ma>)

**The next COA Advisory Board Meeting will be Monday, December 11, 2023@ 2:30PM**