Minutes

COA Advisory Board Meeting minutes of January 22, 2024.

J. Cooperman, R. Edelston, N. Grossman, R. Gorden, R. Lopez, J. Shapiro, K. Goyette, S. Kafka, P. Remy, R. Maidman, B. Caruso.

Meeting called to order 2:30 PM

Minutes from December 11, 2023 - Unanimously approved.

Guest: Chief Stephen Coffey, Sharon Police Department

Chief Coffey gave an overview of any safety issues in Town.

Discussed scams that are going on. A very big issue targeting citizens. Officer John Marcanelli is in charge of any scams circulating. Chief Coffey offered to have John do scam workshop at Adult Center.

Community Connect Program – program set up by Fire Department to protect residents and their property. It is a free, secure program that allows residents to share information about their household that aids first responders and emergency personnel when responding to their homes. Residents need to fill out their profile, so police and fire have their info.

Question and answer session to board members by Chief Coffey was conducted.

Directors Report (B. Caruso)

Two volunteers from a post graduate high school vocational program are assisting in small projects.

Podiatry clinic is scheduled for February 8th. Eight people attended in January.

Staffing – no issues

Lectures – going well.

Starting February 2nd, appointments can be scheduled for assistance in tax preparation.

Memory Café – Art program is scheduled for the next Cafe.

Fitness classes – going well.

Women's Club has a new facilitator.

Art Gallery – Generations Show is scheduled for January 24 – March 20. Nine families are participating.

Paul Remy, Commission on Disabilities – Paul shared Handicap Parking issues in Town. Paul also let us know about medical facility in Sharon that does not have handicap door entrance.

Sharon High School participation status

Three coordinators met with Rob and Beth. Discussion were held to identify programs where both students and seniors can interact together.

MGH Research Project (R. Lopez) – "Healthy Brain" 29 people attended presentation on December 21st to educate what the program entails. The Project will be back at adult center in spring This is not a recruitment for program but just to get to know the senior community for the project.

COMMITTEE REPORTS

- HESSCO (E. Feldman): no report
- FSCOA (M. Kempner): the store in Adult Center has been closed. Fundraising appeal will be conducted in the Spring.
- AARP events: (<u>https://states.aarp.org/massachusetts/events-ma</u>)

The next COA Advisory Board Meeting will be Monday, February 26, 2024@ 2:30PM.